

BECKY LEE OSTERBACK

BSN, RN, Healing Touch Clinician

Becky Lee offers therapeutic treatments to help you feel better. She has more than 20 years experience as a critical care nurse, caring for people at the beginning and ending stages of their lives, plus all the health events in between. Becky Lee can provide a total network of health options for your healing journey.

Becky Lee knows where you’re coming from. After four car accidents, Becky Lee couldn’t walk, talk, read or write! She is living testimony of her own work and the power of Healing Touch.

Faith and dedication helped Becky Lee transform her own struggles from despair to health and joy. She looks forward to guiding you on your path toward health and well-being.

Self Defense America

The Hand to Hand Combat Training Center (H2HCTC) is offering a local Corporate Wellness in the form of Self Defense. Martial Arts are well known to be one of the best forms of exercise because it encompasses so many aspects of overall fitness.

The H2HCTC’s purpose is to create an understanding and awareness of the importance of training hard and getting more and more dangerous. In order to adapt, new methods of combat and personal defense must be learned.

H2HCTC’s **Mobile Training Team’s** (MTT) were created to travel to the locations of police, homeland security personnel, firefighters, private and corporate security, executives and hospital staff to name a few.

A healthy, happy employee base equals a lucrative company.



Take Back Your Life!

Total Body Makeover

(inside and out)

- ◆ Healing Touch & Raindrop Therapy
- ◆ Total Body Massage
- ◆ AquaMED Dry Hydrotherapy
- ◆ Whole Body Vibration
- ◆ Galvanic Spa
- ◆ Quantum Biofeedback

Removing the negatives of life and

Replacing them with the positive through

Healing From the Heart Therapies.

BECKY LEE OSTERBACK, BSN, RN,
HEALING TOUCH CLINICIAN
Call for appointment (509) 344-3278
BeckyLee@HWWise.com

You will find Healing from the Heart treatments at:

Rock Pointe Tower

316 W. Boone

Suite 268, 270, 275

Spokane, WA 99201

(509) 344-3278

Other locations opening soon...

Coeur d’ Alene, Post Falls



A Complete
Network of
Health Options



Becky Lee Osterback
BSN, RN

HEALING TOUCH
CLINICIAN

www.hwwise.com

(509) 344-3278

Guidance on Wealth Creation



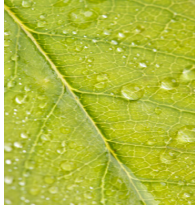
Whether it is home, office, telephone, TV, energy or security, we offer all services at a reduced cost and provide ways for you to create personal income that can lead to substantial wealth.

Lipo-Laser—Weight Loss—Healing Touch & Raindrop Therapy—Total Body Massage—Galvanic Spa—AquaMED Dry Hydrotherapy
Whole Body Vibration—Quantum Biofeedback

Take control of your health...Invest in your wellness

Healing Touch

Becky Lee Osterback, BSN, RN, is a Healing Touch Clinician (American Holistic Nursing Association). She uses hands-on treatments and energy-based techniques with the best of technology. The nursing profession first designed Healing Touch with a clinical focus that uses touch to promote physical, emotional, mental and spiritual health. You are given the opportunity to feel empowered by participating fully in your healing journey!



Healing Touch Process

All healing is basically self-healing. A doctor can set two bone fragments in place, but the body itself finally heals the break. The physician simply directs the process. Healing Touch is complimentary. It functions from an energy perspective, rather than a physical one. In a safe, relaxing environment, the connection is re-activated between mind, body & spirit. This eliminates obstacles to self-healing.

Benefits of Healing Touch

- ◆ Reduces Stress
- ◆ Calm anxiety, depression
- ◆ Decrease Pain
- ◆ Strengthen the immune system
- ◆ Enhance recovery from surgery
- ◆ Complement care for neck and back problems
- ◆ Deepen Spiritual connection
- ◆ Support Cancer Care
- ◆ Create a sense of well-being
- ◆ Erase acute & chronic conditions, including Fibromyalgia.

Individual experiences will vary.

Raindrop Technique

This spa-like experience with full body massage & Healing Touch is completely relaxing & rejuvenating. Raindrop Technique uses therapeutic-grade essential oils that are anti-viral, antibacterial & anti-inflammatory boosting your immune system and helps your body heal itself.

Raindrop Technique Process

As you relax, the oils are applied to the spinal reflex points of your feet. These reflex points communicate through your nerves to reach your circulatory system. Nine different oils will be applied like rain drops along your spine and over your back. Feather-like strokes massage the oils along the spine.



Benefits of Raindrop Therapy

- ◆ Soothe aches and pains (from age & injuries)
- ◆ Reduce colds and the flu (supports the immune, endocrine & nervous system)
- ◆ Rejuvenate your soul (aromas create peace & calm)

Individual experiences will vary.

AquaMED Dry Hydrotherapy

Created for the medical industry...now available to you! The healing comes through water, heat and massage while you stay dry. The bed creates 40 pounds of pressure and you don't even have to remove your clothing. From stressed discomfort to calmed rejuvenation in 15 minutes.



Whole Body Vibration (WBV)

Exercise and healing in just 10 minutes. This patented technology utilizes the "whole body vibration theory". It originated from the concept of human body movement under Earth's gravity.

Research shows the WBV improves:

- ◆ Circulation
- ◆ Depression by increasing serotonin
- ◆ Energy & Endurance
- ◆ Increase flexibility & agility
- ◆ Health & well being
- ◆ HGH levels up to 460%

Reduces:

- ◆ Pain & Stress
- ◆ Fatigue & Cortisol
- ◆ Fat & Cellulite



www.Lipo-Lasers.com

Non Invasive

BODY FORMING TECHNOLOGY

HEATS TISSUE & RELIEVE PAIN

Non-Invasive Body Forming Technology

- ◆ Refine
- ◆ Reshape
- ◆ Revive



Lapex 2000 Lipolaser is a safe, painless and completely non-invasive treatment for spot fat reduction and aesthetic Body Contouring. Heats Tissue and Pain Relief.

Quantum Biofeedback

This emerging technology interfaces directly with your body to reveal energetic imbalances. These imbalances can be the underlying issue surrounding your body's ability to heal. This non-evasive procedure takes about 3 minutes to measure your body's levels and then provides a comparison to normal levels. The EPFX results can offer a better understanding of your possible needs, dysfunctions and vulnerabilities and help you better manage stress and pain. This safe procedure can also be used on children and pets.

Monitored Stressors:

- ◆ Viruses
- ◆ Nutritional Imbalances
- ◆ Allergies
- ◆ Abnormalities
- ◆ Food Sensitivities Benefits
- ◆ Improve pain management
- ◆ Improve stress management